



September/October



Dates to Remember:

- Sept. 5, Labor Day NHA office will be closed.
- Sept. 23, Fall begins
- Oct. 10, Columbus Day, NHA office will be closed.
- Oct. 31, Halloween

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A Word from the Executive Director

Every couple of years NHA undergoes a physical inspection of our units. This year we are likely to undergo this inspection either late this fall or early in the winter. This inspection is very important to us as it creates the baseline by which we receive our funding. If we fail, we lose our subsidy and if that happens there is a direct effect to you, our customer. Without the subsidy, we have to pass on costs to you, therefore rent would likely increase if we were to fail.

The good news is we have always done well on this inspection and the maintenance team is very pro-active

in keeping the units in good repair. Areas we have potential of failing are if you have taken down a smoke alarm, or if you have a broken outlet cover, or any switch covers. Even if they have a crack, it will fail, so I need you to report to us any of those items immediately.

Also, cords laying across the floor are considered to be trip hazards and will also cost us a great deal of points. If you have a cable cord, or an electrical cord that runs across the floor in an area where you walk, you need to move it so that it is against a wall, and not in a walking area.

Other areas of concern are doors that don't latch, closet doors that are off the track, holes in the walls, and if you have a gas container in your shed, it must have a cap on it.

The maintenance team will be conducting inspections as soon as we find out the date we will be inspected.

Again, I cannot stress enough the importance of our passing this inspection. Please do your part to assure our mutual success. If you have any questions, please feel free to call the office.

Andy Rodriguez

Current Job Opening at State of Idaho & YMCA

State Jobs

- Wildlife Researcher
- Construction Foreman
- Assessment Coordinator
- Program Supervisor
- PTV Producer/Director
- Research Analyst
- Safety and Security Officer DJC

YMCA Jobs

- Volleyball Coach/ Youth
- Risk Management Coordinator
- Health & Wellness Director
- Membership Involvement Representative
- Youth Coordinator
- CD Preschool Teacher
- CD Coordinator



Don't hide behind your computer all day: Get out and surround yourself with people. Go to the park or the library.



Read the local business newspaper, industry news or trade journals:



Get Organized, Get Up and Get Started

Here is a list of simple ways we can help ourselves remain open to change to positively impact the results of our efforts. A job search can be frustrating, paralyzing, and enough to make you want to go back to bed. A job search can also be exciting, validating, and a way to develop opportunities you never imagined. There are a lot of factors in play, but the biggest factor is you. How you feed your mind during this time of transition can make a huge difference in your results.

Change is difficult, yet we all know it's inevitable. We have to find the power over our mind and emotions to not resist it. If we remain open, we may even find we can embrace it. Here is a list of simple ways we can help ourselves remain open to change to positively impact the results of our efforts:

Find a designated place to conduct your job search: We are creatures of habit, so find a place that is designed to conduct business. Maybe it's your office, the library, or a coffee shop.

Develop a schedule: Just like you have a time when you show up to work, set up a specific time to regularly work on your job search. In your personal life, if you have to get something done, you block time on your calendar to do it. A job search is no different.

Make sure you have a calendar to plan your activities, and a way to organize your

notes and contacts: Keeping all of your job search information in one place important. Think about how you can leverage your mobile technology to help you so you have access to everything you need even when you're on the run.

Do three events or business meetings a week if you are unemployed, and two to three meetings a month if you have a job: You need to try new things and meet new people in order to increase the odds of your success. It's important to get out and be with people in order to build relationships that will lead to your next position. This could be through an industry event, a lecture, a job fair or simply a coffee meeting. The more activities you schedule for your job search, the faster you will find the right job.

Reach out to your network: Make sure you can concisely share what you are looking for so that when people hear about something they'll recognize whether it may be of interest to you.

Try anything once: Do something that is outside your comfort zone. This is a good exercise to build self confidence. Ask a friend to do it with you if you feel like you might be tempted to back out.

Follow up on your activities: If you meet with someone, send him or her a thank-you. If you promised to call on a certain day, then call on that day.

Don't hide behind your computer all day: Get out and surround yourself with people. Go to the park or the library.

Read the local business newspaper, industry news or trade journals: Brush up on the trends in your space. This gives you something interesting to talk about when you meet new people. Consider who might also find such information valuable and pass it on. Research gives you a great excuse to reach out to someone in your network.

Volunteer: Give back to your community, because nothing does more to keep things in perspective. Try to find ways to use your professional skills in a volunteer setting. For example, if you're an accountant, try to find an organization that needs book keeping assistance. If you're a receptionist, try to find an opportunity that puts you on the phone. You never know whom you might meet because of what you are doing.

Whether or not you have a strong sense of urgency for finding a new job, you can still design the best work for yourself and move your career in a positive direction. Sometimes all you have to do is get organized, get up and get started. You may even find yourself enjoying the journey. Do things that inspire you and allow you to shine when you discover the right opportunity.

Volunteer Opportunity to meet Community Service Hours

-Now that school has begun, volunteering at your child's school is an opportunity to meet the 8 hours required of community hours when one is not working, disabled, elderly, a full-time student, or in a self-sufficiency program. Contact your child's teacher or the school's office.

-The Idaho Foodbank has immediate volunteer opportunities to sort perish-

able and non-perishable food for redistribution to network partners, compiling backpacks for our weekend child nutrition program, doing clerical and data projects, assisting our grocery alliance and mobile pantry drivers with daily pick-ups and deliveries, helping with special events, and aiding in community and corporate food drives. Depending on the program, chil-

dren between ages 8-18 can volunteer as well. Call 208-577-2720 or email volunteerservices@idahofoodbank.org.

-Individuals can also volunteer at many different agencies and programs including the library, the animal shelter, the salvation army, soup kitchens, after school programs and so forth. Please contact the Nampa Housing Office with any questions.



5th Annual Recovery Day at the Caldwell YMCA

Join the voices for recovery where everyone benefits, a FREE family and community event. A day for all ages to celebrate freedom from addiction...Saturday, September 10, 2011 from 10 am-1 pm.

Activities include resource fair tour, bounce

house, Idaho drug free youth, fire department demonstration, face painting, children & teen games, balloon animals, and free prizes.

A balloon release: letting go of balloons all at the same time for people who have somebody

they love in recovery.

Entertainment includes various concerts and entertainers, belly dancing expo, zumba expo, and McGruff the Crime Dog.

Free Family Day Pass to the YMCA for all that come and visit resource fair booths.

10 am-1 pm
Caldwell YMCA
On the Front Lawn
3720 S Indiana Ave



Legal Forms Workshops for Custody, Modifications, & Divorce with Children

Every Tuesday classes are held at the Canyon County Courthouse. Workshops are free with the purchase of the court forms you need. At the 9:30 am the workshop covers

understanding how custody, child support, and property is decided within the legal system. At the 2 pm workshop completed forms are reviewed, child support is calculated, notary

services are provided, and the documents are copied, collated, and filed (there is a charge for copies). To register, please contact the Court Assistant Office at 454-7455.

Divorce Packet \$30
Custody Packet \$20
Modification Packet \$15
Workshops \$20 (but free if you buy a packet)
*If either party has retirement; you should seek legal advise or talk to the Court Assistance Officer FIRST!

Maintenance Reminders

-Please remember to clean up your yards so that maintenance can mow on Mondays. This includes picking up pools, toys, hoses and any other items.

-Tires are not picked up with the garbage. Residents have been placing old tires by the dumpsters. If you are caught or seen leaving tires by the dumpster, you will be cited by maintenance.

-Thank you to all the residents who take time to pick up garbage and debris at the complexes, regardless of whose it is.

Congratulations

to two Family Self-Sufficiency Participants. Both participants are single moms who put themselves through school, earning degrees that have allowed them to secure full-time employment in their chosen fields. Their education and careers is allowing for each family to move out of public housing and live independently of public assistance. Each participant is receiving the amount of money that has accrued in their escrow account.

For more information on the Family Self-Sufficiency Program, or to be placed on the waiting list, please contact the FSS Coordinator, Amanda at 466-2601.

RACE for Success (A Resource and Career Expo)

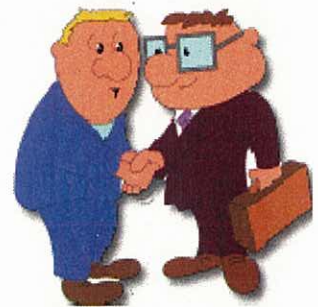
The RACE for Success will allow individuals to meet and interview with employers or to find resources and programs, presented by the Idaho Department of Labor at the Idaho Center on Wednesday, September 7, 2011 from 9 a.m. to 4 p.m.

RACE for success is a great opportunity for businesses to hire for the coming season and for community resource providers

trying to reach people who need their assistance. Many Treasure Valley residents have found themselves out of work and seeking assistance to meet family obligations. The goal is to make RACE for Success a one-stop resource for people who are looking for jobs, educational options, volunteer opportunities and information on the many community resources available to support families in transition -

Robert Vetter.

Free workshops will also be offered to job seekers on resume writing, interviewing and online networking skills and to business operators on wage and hour laws, health reform, tax breaks, and guidelines for starting a business in Idaho. A panel of human resource professionals will offer insight on how to successfully navigate the hiring process.



WEDNESDAY

SEPT. 7, 2011

9 AM—4 PM

IDAHO CENTER