

Family Self-Sufficiency Newsletter

June 2011
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Long-Term Employment Projection by Industry

The Idaho Department of Labor states the 'HOT INDUSTRIES' for Idaho from 2008 through 2018 vary greatly and the industries included are ones that will see an increase of job openings.

1. Professional, Scientific, and Technical Services: Engages in processes where human capital is the major input. Most of the categories within this industry have production processes that are almost wholly dependent on worker skills. In most of these industries, equipment and materials are not of major importance. These establishments sell expertise.

Job increase: +10,879
Growth Percentage: 33%
Hourly Wage: \$21.45

2. Hospitals, Public and Private: Provides medical, diagnostic, treatment, and specialized accommodation services

for inpatients.

Job Increase: +5,706
Growth Percentage: 24%
Hourly Wage: \$19.95

3. Ambulatory Health Care Services: Provides health care services directly or indirectly to ambulatory patients and does not usually provide inpatient services. Health practitioners in this industry provide outpatient services with the facilities and equipment not usually being the most significant part of the production process.

Job Increase: +9,350
Growth Percentage: 34%
Hourly Wage: \$15.63

4. Educational Services, Public and Private: Provides instruction and training in a wide variety of subjects through specialized establishments such as schools, colleges, universities and training centers, both publically and privately

owned and operated for profit. Educational services are usually delivered by teachers or instructors in diverse settings from educational institutions to homes and through diverse means from correspondence to the Internet.

Job Increase: +10,213
Growth Percentage: 18%
Hourly Average: \$18.05

5. Insurance Carriers and Related Activities: Underwrites and sells annuities and insurance and employee benefit-related services.

Job Increase: +1,999
Growth Percentage: 24%
Hourly Wage: \$18.72

Hot Industries are those that on average rank high in three major criteria: abundance of jobs in the economy, growth rate and rate of pay.

-Idaho Dept. of Labor

Dates to Remember

- May 30, 2011
Memorial Day
NHA Office closed
- June 8, 2011
Financial Fitness 1-4 @
SICHA
- June 8 & 9, 2011
FSS Coordinator out of
office for training
- June 13
FSS Coordinator out of
office
- June 19, 2011
Father's Day
- June 21, 2011
Summer begins
- June 24, 2011
Resident Appreciation
Day



If I Had My Life to Live Over by Erma Bombeck

If I had my life to live over, I would have talked less and listened more.

I would have invited friends over to dinner even if the carpet was stained and the sofa faded.

I would have eaten the popcorn in the “good” living room and worried much less about the dirt when someone wanted to light a fire in the fireplace.

I would have taken the time to listen to my grandfather ramble about his youth.

I would never have insisted the car windows be rolled up on a summer day because my had just been teased and sprayed.

I would have burned the pink candle sculpted like a rose before

it melted in storage.

I would have sat on the lawn with my children and not worried about grass stains.

I would have cried and laughed less while watching television and more while watching life.

I would have shared more of the responsibility carried by my husband.

I would have gone to bed when I was sick instead of pretending the earth would go into a holding pattern if I weren't there for a day.

I would never have bought anything just because it was practical, wouldn't show soil or was guaranteed to last a lifetime.

Instead of wishing away nine

months of pregnancy, I'd have cherished every moment and realized that the wonderment growing inside me was the only chance in life to assist God in a miracle.

When my kids kissed me impetuously, I would never have said, “later, now go get washed for dinner.”

There would have been more “I love you's” more “I'm sorry's”.

But mostly, given another shot at life, I would seize every minute, look at it and really see it, live it and NEVER give it back.

*This was written by author Erma Bombeck a few weeks before cancer took her life. It is a reminder about life and enjoying the moment.



Be Prepared for a Phone Interview

Prepare for a phone interview just as you would for a regular interview. Compile a list of your strengths and weaknesses, as well as a list of answers to typical phone interview questions. In addition, plan on being prepared for a phone conversation about your background and skills.

-Keep your resume in clear view, on top of your desk, or tape it to the wall near the phone, so it's at your finger tips when you need to answer questions.

-Have a short list of your accomplishments available.

-Have a pen and paper handy for

note taking.

-Turn call-waiting off so your call isn't interrupted.

-If the time isn't convenient, ask if you could talk at another time and suggest some alternatives.

-Clear the room...evict the kids and the pets. Turn off the stereo and the TV. Close the door.

-Unless you're sure your cell phone service is going to be perfect, consider using a landline rather than your cell phone to avoid a dropped call or static on the line.

-Do keep a glass of water handy, in case you need to wet your mouth.

-Smile. Smiling will project a positive image to the listener and will change the tone of your voice.

-Speak slowly and enunciate clearly.

-Use the person's title (Mr. or Ms. And their last name.) Only use a first name if they ask you to.

-Don't interrupt the interviewer.

-Take your time— it's perfectly acceptable to take a moment or two to collect your thoughts.

-Give short answers.

Remember your goal is to set-up a face-to-face interview. After you thank the interviewer ask if it would be possible to meet in person.

College of Western Idaho Adult Basic Education

Locations:

Boise Adult Learning Center

2323 S. Vista, Suite 205

Nampa Adult Learning Center

2407 Caldwell Blvd., 207A/B

Complete the following steps to enroll in Adult Basic Education:

1. Attend an Orientation
2. Take a **3-hour** Assessment Test called TABE.
3. Make an appointment to review your scores with a teacher and decide on a plan for achieving your goals.
4. Attend the study plan at your appointed time/date.

Attend **1** of the following orientation/TABE sessions:

Boise

June 24 @ 9 am

(followed by TABE)

Nampa

May 27 @ 9 am

(followed by TABE)

June 24 @ 9 am

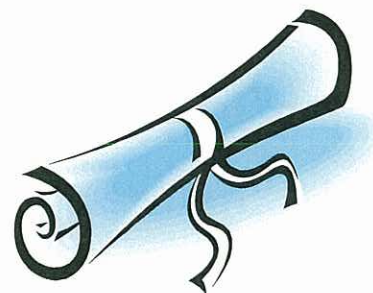
(followed by TABE)

NOTE: If you attend an orientation in May or June, you will not be able to enroll in classes until our fall session. However, you will be able to use our open study

lab and online and distance learning program through the summer. If you would prefer to take classes, please check this site during the summer when our regular orientation schedule for August.

Contact site:

www.cwidaho.cc



Debt Reduction Holds Free Credit and Budgeting Classes!

SICHA hosting a class June 4, 2011 from 1 pm to 4 pm! Call 585-9325 to register. Classes are in Middleton at 377 E Main St.

Current Job Openings in the Treasure Valley

P/T Cook M-F in Meridian for Aramark. Must have ability to read and follow recipes while working in a team. Email resume to collings-ryan@aramark.com.

General Labor: Experienced landscape curbing finishers/machine drivers. 40+ hours, call 286-7765

Human Service Alliance looking for a Development Tech and a Spanish bilingual Development Tech for afternoon and evenings. CPR and First Aid required, may be provided if hired. Call 250-8871 or 459-4425 and ask for LeRoy Palmer. Applications available at 620 Everett St in Caldwell.

Inventory Taker in Boise. Physically counting stock, meeting hourly goals, with the ability to add, subtract, multiple and divide and stick to policies. Also must work assigned shifts and be able to work in different environments. Pays \$16-\$21 and hour. Email resume to job-jqmub-2397806218@craigslis.org.

**The FSS Coordinator
will be out of the
office May 26, June 8,
June 9, and the
morning of June 13.**

FSS Reminders

- *Turn in your monthly progress reports.*
- *Make a monthly appointment with the coordinator.*
- *Keep your goals in mind and contact the coordinator if you need to discuss or change your current goals.*

Work and Play: Using the Career Information System

Use the Career Information System (eCIS) to discover how your interests can help you prepare for a great life beyond school. eCIS access is available through most high schools and various other public agencies. You can use it at school or anywhere else with Internet access. It has volumes of information to help you make informed decisions. eCIS helps spark your imagination and helps you map out a plan for the future you'll love!

Use eCIS to...

- Learn about occupations
- Research colleges and technical schools
- Understand education and training options
- Find scholarships and financial aid

- Prepare for the job hunt
- Create a resume

Also in eCIS...

- Answers to questions about the financial aid application process
- Advice on choosing a school
- Suggestions to help you find, interview for, and keep a job
- Suggestions to help you find,, interview for, and keep a job
- "My CIS Portfolio": save your favorite information, establish a career plan and a year-by-year education plan, or generate a customized resume displaying your own education, work history, skills, and assets.

Log in at www.idahocis.org

Option 1: Enter your personal CIS login, or the CIS user name and

password for your school or organization.

Option 2: Enter your city and zip code. This option is for Idaho resident who do not have access to CIS through a school or organization. (Not all modules or features are available in this version.)

eCIS is available at the IDAHO Department of Labor.

